

## Ryedale & District Mencap Activities Calendar

### September – December 2022

#### 7<sup>th</sup> September 2022 2pm – 8pm Activities in Botton Village

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

Transport must be booked in advance

£15 activities, transport and disco

£5 activities and disco

£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

#### 8<sup>th</sup> September 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm

A fabulous mix of dance and light toning exercises led by expert Natalie

Suitable for all abilities

Free to join in

Use the link or codes at the end of this newsletter to join.

#### 9<sup>th</sup> September 2022 Newton Village Hall YO18 8QA 7-9pm Boccia with John and Jackie.

£10 transport (must be booked in advance) £2 Boccia

Refreshments provided.

#### 14<sup>th</sup> September 2022 2pm – 8pm Activities in Botton Village

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

Transport must be booked in advance

£15 activities, transport and disco

£5 activities and disco

£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

**15<sup>th</sup> September 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm**

A fabulous mix of dance and light toning exercises led by expert Natalie

Suitable for all abilities

Free to join in

Use the link or codes at the end of this newsletter to join.

**Rosedale Bunkhouse Adventure Weekend 17<sup>th</sup> – 19<sup>th</sup> September 2022**

If you are booked on the Rosedale Bunkhouse Trip then your balance of £100 is now due (£200 if you have not paid your deposit yet)

Please send them to Josey, either cash, cheque or card payment, or pay by BACS

Ryedale & District Mencap

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Do not forget to reference the payment RBH and your Name Thank you

We will contact you all individually to arrange your transport needs and times.

**THIS TRIP IS FULLY BOOKED**

**21<sup>st</sup> September 2022 2pm – 8pm Activities in Botton Village**

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

Transport must be booked in advance

£15 activities, transport and disco

£5 activities and disco

£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

**22nd September 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm**

A fabulous mix of dance and light toning exercises led by expert Natalie

Suitable for all abilities

Free to join in

Use the link or codes at the end of this newsletter to join.

**Friday 23<sup>rd</sup> September Hall Cuisine at Victory Lodge Masonic Hall Pickering**

7pm. Bookings and deposits of £10 are now being taken for.

3 Courses of your choice, cheeseboard and coffee/tea

Drinks can be bought from the Bar

Raffle

£30 per person

Menu to be released soon

Very limited places so book by September 10<sup>th</sup> if you want to come along.

**28<sup>th</sup> September 2022 2pm – 8pm Activities in Botton Village**

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

Transport must be booked in advance

£15 activities, transport and disco

£5 activities and disco

£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

**29<sup>th</sup> September 2022 Ryedale & District Mencap Committee Meeting**

6.30 – 7.30pm Newton upon Rawcliffe Village Hall YO18 8QA

**5<sup>th</sup> October 2022 2pm – 8pm Activities in Botton Village**

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

Transport must be booked in advance

£15 activities, transport and disco

£5 activities and disco

£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

7<sup>th</sup> October Thornton Dale Ukulele at Thornton le Dale Village hall

7pm – 9pm £10 per person and £10 for transport which must be booked in advance.  
There will also be a raffle, refreshments and cake stall.

14<sup>th</sup> October 2022 Newton Village Hall YO18 8QA 7-9pm Boccia with John and Jackie.

£10 transport (must be booked in advance) £2 Boccia

Refreshments provided.

15<sup>th</sup> – 17<sup>th</sup> October and 18<sup>th</sup> – 20<sup>th</sup> October 2022 Caravan Activity Breaks

£250 per person per break at our fabulous brand new static caravan at Skipsea Sands Holiday Park. Includes transport there and back, breakfast and lunch while you are there, and support.

Places must be booked now and a deposit of £50 paid by September 20<sup>th</sup>. Places are very limited on these breaks so book yours now!

20<sup>th</sup> October 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm

A fabulous mix of dance and light toning exercises led by expert Natalie

Suitable for all abilities

Free to join in

Use the link or codes at the end of this newsletter to join.

22<sup>nd</sup> October The Kaminairo Taiko Drummers York

Botton Village The Joan of Arc Hall 2pm

£10 entry

Limited Transport (£10) must be booked first come first served

Raffle Cake Stall Refreshments

This is a show not to be missed, astounding!

Places are limited so again book as soon as you can

27<sup>th</sup> October 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm

A fabulous mix of dance and light toning exercises led by expert Natalie

Suitable for all abilities

Free to join in

Use the link or codes at the end of this newsletter to join.

2<sup>nd</sup> November 2022 2pm – 8pm Activities in Botton Village

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

Transport must be booked in advance

£15 activities, transport and disco

£5 activities and disco

£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

Wednesday 9<sup>th</sup> November 2022 at 2.30pm **The Commitments**

The Grand Opera House York and is £40/person. Bookings and deposits of £20 are now being taken including transport if needed and free essential support places (Booking required for both essential support and service users. We will also have plenty of volunteers on the night to provide support. The trip is on All seats are on the ground floor and I have 2 wheelchair spaces. Tickets will go fast so do not delay....Book Today!! Book by September 10<sup>th</sup>.

10<sup>th</sup> November 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm

A fabulous mix of dance and light toning exercises led by expert Natalie

Suitable for all abilities

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Use the link or codes at the end of this newsletter to join.

16<sup>th</sup> November 2022 2pm – 8pm Activities in Botton Village

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

Transport must be booked in advance

£15 activities, transport and disco

£5 activities and disco

£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

17<sup>th</sup> November 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm

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21<sup>st</sup> November 2022 Prize Bingo

7 for 7.30pm start

Norton Bowls Club

Transport available £10

You will also need money to pay for drinks, bingo cards and raffle tickets **Prizes gratefully received nearer to the time as well as all your home baking donations that always go down a treat.**

23<sup>rd</sup> November 2022 2pm – 8pm Activities in Botton Village

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

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£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

**24<sup>th</sup> November 2022 Committee Meeting on Zoom with 6.30 – 7.30pm**

Just use the link or codes at the end of the Newsletter

Everyone welcome

**30<sup>th</sup> November 2022 2pm – 8pm Activities in Botton Village**

Botton Activities followed by a packed tea n chat and then a Disco (6 – 8pm)

Transport must be booked in advance

£15 activities, transport and disco

£5 activities and disco

£1 just disco

Disco in the Training Room, and on Zoom with the usual link or codes, bring your own packed tea

**7<sup>th</sup> December 2022 Christmas Shopping Trip to York**

£20 transport included

You will need your money for shopping as well as money for lunch and tea. We will pick you up in the morning around 10 – 11am and return you home at 7 – 8pm.

Limited places so please book now if you want to come along.

**8<sup>th</sup> December 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm**

A fabulous mix of dance and light toning exercises led by expert Natalie

Suitable for all abilities

Free to join in

Use the link or codes at the end of this newsletter to join.

**9<sup>th</sup> December 2022 Newton Village Hall YO18 8QA 7-9pm Boccia with John and Jackie.**

£10 transport (must be booked in advance) £2 Boccia

Refreshments provided.

## 12<sup>th</sup> December 2022 Christmas Service on Zoom

1.30 – 3pm

I will release more details for this nearer the time including the special link and codes with which to access the service.

If you would like to take part in the service by singing, reading a bible extract, or reading a piece of our choice, or something you have written yourself perhaps then please let me know, we love to get performances from all our members and supporters. Or if you feel you could help in a different way tech, marketing, etc please also get in touch with your ideas.

## 15<sup>th</sup> December 2022 Zoom DanceFit and Tone with Natalie 6.30 – 7.30pm

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## 16<sup>th</sup> December 2022 Pantomime Cinderella

2pm

The Joan of Arc Hall

Botton Village

YO21 2NJ

Tickets and transport must be booked by November 1<sup>st</sup> 2022

Tickets £10

Concessions £8 each for our members and Botton Residents

£5 each if booking over 20.

Transport Contribution £10

Raffle, refreshments and other Christmas stalls.

**BREAK FOR CHRISTMAS HOLIDAYS BACK WITH DANCEFIT 5TH JANUARY 2023**

To contact Josey use 07702783574 or [josephinehallmencap@outlook.com](mailto:josephinehallmencap@outlook.com) my usual office day is a Thursday.

To join us on Zoom use this link or codes:

Topic: Ryedale & District Mencap Zoom Activities

Join Zoom Meeting

<https://us02web.zoom.us/j/83295625348?pwd=ME5lbnNZd2QvM3g3M3BQRHFvbERjQT09>

Meeting ID: 832 9562 5348

Passcode: 096213

Any payments you want to make can be done in the following ways:

Please send them to Josey, either cash, cheque or card payment, or pay by BACS

Ryedale & District Mencap

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Do not forget to reference the payment (The trip or activity name) and your Name

Please always back up the payment with an email to me stating what has been paid in and what for. Thank you